

Hi 65ers

I am writing this while I am in Arcadia California - in the home of Jacob & Shirley.

I left SF or 1845 on 25.9.2026 and as the plane slowly climbed - I saw the beautiful coast line of the SF Bay Area and the sun setting in a glorious blaze and the full moon on the other side. It was a truly spectacular view as the plane slowly rose into the "Friendly & Happy Skies of California".

It was a 1-hour flight to LA where J&S met me at Burbank AirPort which is close to Arcadia instead of the bz and crazy LAX airport. It was lovely to see them - especially after missing them in UK due to my nightmare trip where I was stuck in Muscat due to the Iran War of Epic Fury. J&S picked me up and we just could not stop talking and laughing at all the old jokes and gossip that just ebbed & flowed as we drove back to the home of J&S.

Today was the 26.9.2026 and we drove to Irvine South California to have lunch with Charlie & Premila. They are well and still feisty.

Cyril Mathai is also in LA but did not make it for the lunch as he had an important golf game where he is raising funds for a Sikh Gurdwara in Thousand Oaks California (his home area)

He is well and I did speak to him in between his golf game. He is in good spirits. Mythili is able to sit up in bed and seems to be doing well. This news is from her husband Mani who spoke to Shirley. I tried to call Bobby Thomas but could not get through.

This visit of mine to USA is a short visit for my son's birthday which was on 21.9.2026.

I am heading back home to Kuala Lumpur on early Tuesday morning and should reach by Wednesday local time in KL.

September ends soon and we start October which will be a bz time for me as the Annual Communication of the Masonic movement is on 31.10.2026 - plumb on Halloween.

Till I talk to all of you again -

Godbless

Abel

Dear Batchmates,

This month continues to be exciting, with several new additions to our website.

I recently caught up with Cyril and David and learned that they had a great time together, playing golf and visiting Jacob and Shirley. Their account of their travels is now posted on the website under a new tab, "Travelog," on the home page. I will be posting relevant

accounts of our travels under this heading, so please visit it and see what our batchmates have been up to.

There is also a new video featuring interviews with several renowned personalities, among them our own friend Srini. Linked to this is another new tab, “The Medicine Today,” also on the home page.

I am sure many of us are concerned about the direction in which medicine is moving and the increasing perception of medicine as a lucrative business rather than the service-oriented profession we were taught at CMC. Anil Charian, a medical doctor and a graduate of the Christian Medical College in Vellore batch of 1983. He specialized in Pediatrics and public health, with additional training in health economics, has compiled an excellent article addressing this very subject.

Abel has also brought to our attention an interesting paper from more than 75 years ago by Richard Asher, MD, MRCP, what he called the “Seven Sins of Medicine” published in *The Lancet* on August 27, 1949. Interesting read and food for thought under Medicine Today. This is an area where we should continue to express our views and contribute to a greater awareness of the direction in which medicine is moving today.

You will recall an email from me to all seeking their views about our website. Ganesh and Raja Bhat responded immediately. They suggested that a Google Survey might be a better way of gathering opinions. We took up the suggestion and have now received a good response from 15 batchmates. The responses have been summarized and posted under “What do people say...?” The questionnaire will remain accessible for another month. So please complete it if you have not done already. Link Below:

<https://docs.google.com/forms/d/e/1FAIpQLSfyCDQVCT0hxyapZyxSnGtT8EPcdLgMV4N3NROJ5EV4gqc3uw/viewform?usp=publish-editor>

We will be looking carefully at the valuable suggestions received and using them to further improve the site.

I also posted our website on LinkedIn, where it has so far received 318 impressions and 218 members reached. Please visit the LinkedIn post and leave your comments. Your participation will help us spread the word about our website.

Under “From my 61-Year-old Album”, Preima has challenged us to identify each individual from the old pictures (photography at that time) with an equally good narrations of memories. You can find it under Writings & Documents> poems and Creative writing>Preima Doraisamy on the website.

Finally, I have shared my experience of more than two decades of working on two large projects involving Health Impact Assessment and the development of Public Health Action Plans to mitigate the adverse impacts of major development projects. One of these projects was a resounding success, while the other was a total disaster. I have summarized the experience and the reasons behind both the success and the failure, posted under Writings & Documents>poems and Creative writing>Surinder Kaul on the website.

I hope you will take some time to explore these new additions and, most importantly, contribute your own stories, experiences and views. The website can truly become a living record of our journey only through the active participation of all of us.

Warm regards,
Surinder

Don't miss out on Wai's update on the Website traffic!

Warm greetings
Surinder